

Rape Play: From Curious About to Into in One Class

Consent is multifaceted:

- Voluntary, Enthusiastic, Ongoing, Informed

Potential Problems:

- Triggers
- Different Expectations:
 - What does the top want to get out of the scene?
 - What does the bottom want to get out of the scene?
 - Does either the top or the bottom have a very specific fantasy?
 - Can that fantasy be acted out safely as is, or can it be modified?

Playing with Consent within the Rape Scene:

- Drugs: Either Real or Imagined
- Age of Consent:
 - How young are you comfortable going?
- Incest:
 - Loving, Disciplinary, Forced, Coerced

How will we gain control?

Physical:

- Rough Body Play
- Pressure Points
- Display of a weapon

Mental:

- Threat of violence against the bottom
- Threat of violence against a real or fictional loved one
- Threat of a weapon
- Blackmail

How will we maintain control?

Physical:

- Zip Ties, Handcuffs, Duct Tape, Vet Wrap, Pain

Mental:

- Black Mail
 - Can pictures be taken during the scene?
- Threat of violence against the bottom
- Threat of violence against a real or fictional loved one

Negotiation:


- What do we want to get out of it?
- Is this role play?
 - If so, what roles and what motivations?
- What can happen during the scene?
 - Consider negotiating what you want, not what you don't.
 - Specific words to say or not say?
 - Triggers? Avoid or play with?
 - Physical limitations? Joint immobility? Positions that are problematic?
 - General medical history?
 - Allergies?
 - Medications? Rescue Medications?

After Care:

- For the top and the bottom
- May occur together or apart
- Top may need to "undo" the mean things they said
- Consider changing the role the top is in to preform aftercare
 - May include changing clothes, shoes, scent, etc.
- May have physical, psychological, and emotional components
- No single right or wrong way. Whatever works, works.

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Please send questions, concerns, comments to FM@FrozenMeursault.com



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Elements of a Rape Scene

Location (Real or Simulated) • Backstory • Type of Rapist • Type of Rape • Restraint(s)

Type of Rapist¹ and Defining Characteristics of the "Assault"

Anger	Power	Sadistic	Service
Physical force, verbal abuse, unplanned and impulsive, victim may be vulnerable, shorter duration assault	Threats and coercion over physical force, longer duration assault, may have a domestic connection	Physical force used to gain control and then pain inflicted above and beyond what was necessary to gain control	Limited or no reservations about role playing through the scene to benefit the bottom, may take on attributes of other types (BDSM Addition)
(Groth Typology)			


Types of Rape ²	General classifications
Date	Two people on a date when one makes unwanted advances
Gang	Several people topping one bottom, tops may have a real or simulated connection (i.e. fraternity, military unit)
Spousal	Two people with a domestic connection, one of whom makes unwanted advances
Statutory	Bottom gives consent but can't "legally" due so by age, mental capacity, etc.
Prison	Takes place in a corrections facility, top or bottom could be incarcerated or member of the corrections staff.
War Crime	Top is part of a fighting force, rape is used as a tool of intimidation or retribution
Military	Assault occurs within military, may be peers or may fall under fraternization.
Deception	Top uses deception to obtain consent [within the scene], (i.e. Fake doctor performs overly invasive exam)
Corrective	To modify a behavior the top deems wrong (i.e. Top rapes homosexual bottom to change their orientation)

Restraints

Physical	Mental
Zip Ties/Flex Cuffs, Hand Cuffs, Rope, Duct Tape, Vet Wrap, Wire, Medical restraints (leather or disposable), Pain	Blackmail (Pictures, FetLife/Collar Me Profile, Chat Transcripts, Screen Shots), Threats against bottom, Threats against bottom's loved ones (Real or Fictional), Displayed weapon

*This is provided as a general guide to start discussion and planning for a scene and **not** intended to show the only way to play.*

1. Modified version of the Groth Typology http://www.csom.org/train/supervision/short/01_02_03.html
2. Expanded "Types of Rape" http://en.wikipedia.org/wiki/Types_of_rape



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Scenarios Based on Rapist Type

Anger	Power
Woman is attacked late at night in a parking garage on the way to her car. Rapist does not know the victim but harbors anger at women in general. May strike the victim as well as verbally abuse her.	Father coerces daughter into having sex with him. Tells her he needs to teach her how to sex or no one will love her. Plays on her love and desire to please him to take advantage of her. May accuse bottom of being a tease or a prude.
Sadistic	Service
Top kidnaps and subsequently tortures bottom for the sake of causing pain beyond what is needed to gain compliance. The scene may start with the kidnapping or torture. Top may use fear to cause additional distress as well.	The bottom has a specific fantasy, i.e. a cheerleader on homecoming night. Costumes may be involved to heighten realism. The level of aggression is negotiated. Top pretends to want bottom so bad he "can't stop".

Scenarios for When the Bottom is Stronger Than the Top

Tables Turned	Abuse of power
Anger rapist surprises the would be victim and attempts to gain compliance by force. The would be victim draws a stun gun, fire arm, or other weapon and turns the tables on the attacker. Weapon need not be used, threat alone may be sufficient.	The top holds a position of authority over the bottom and uses that position to gain compliance by threat of termination, false charges, etc. (i.e. Boss and assistant, Military officer and enlisted)
A Picture Speaks a Thousand Words	Technique Over Strength
The top has incriminating pictures, or leads the bottom to believe that they do, and then takes (or simulates taking) pictures during the scene to gain and maintain compliance.	The top can use pressure points, joint locks, etc. to manipulate the bottom's body in small ways that cause pain without harm and limit movement. Early application of restraints will help maintain control.

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